

**PLEASE READ CAREFULLY and ENTIRELY**  
**2026 RECITAL - 11:30AM & 1:30PM SHOWS**

Dear Parents,

Our 2026 Dance Recital will be held on **Saturday, May 30, 2026** at;

**Sugar Loaf Performing Arts Center**  
**1351 Kings Hwy**  
**Sugarloaf, NY 10981**

**WHAT TO DO BEFORE DROP OFF AND WHAT TO PACK**

**Costumes!!!** - Dance shoes, appropriate tights.

**Hair** – Should be pulled neatly back away from the face in a neat bun, unless discussed differently with the instructor of the class.

**Make-up** – Should consist of blush, eyelashes, mascara, light eyeshadow, and lipstick.

**Jewelry** – 12&over - Rhinestone earrings - no other jewelry should be worn.

**Food** - Snacks and lunch - NO colorful foods or beverages like red, orange, blue, etc. (see additional food guidelines)

**Activities** - Pack activities for downtime backstage (coloring books, paper, games, etc)

**DROP OFF FOR 11:30AM AND 1:30PM SHOWS**  
**PLEASE RESPECT OUR SCHEDULE AND ANY CONCERNS  
OR HESITATIONS WITH DROPPING YOUR CHILD OFF IN  
THE MORNING MUST BE DISCUSSED WITH RONDA  
BEFORE SHOW DAY!!!**

- Dancers should report directly to the back door of the Performing Arts Center at **8:00am** with costume, hair and makeup done.
- **ONE** parent/guardian can drop their dancer off and sign them in at their assigned table. We ask that you leave once they are settled as we have to get them onto the stage for a quick run through. Each table will have 2-3 of our assistants assigned to stay with and help the dancers. They are in good hands with our assistants who were once in their shoes!

**There will be NO intermission during the  
11:30am and 1:30pm performances**

To avoid distracting the performers and other audience members, we ask that you wait until the end of the performance - **AFTER THE FINALE** - to pick up your dancer at the drop off location.

# DANCING THROUGH LIFE

## EARLY SHOW - 11:30AM

- 1 - PIGLET DANCE (Parent/Tot Wed 10:30 / Thurs 4:45 RB/DC)
- 2 - ROCKIN' ROBIN (Tap - Sat 10:30 SB)
- 3 - BEAUTIFUL DAY (Ballet - Fri 5:15 CT)
- 4 - LAVENDER'S BLUE (Preschool - Sat 9:30 SB)
- 5 - I'M STILL STANDING (Tap - Mon 4:15 BD)
- 6 - CATCH A FALLING STAR (Ballet - Sat 11:30 SB)
- 7 - THE SHOW (Preschool - Fri 4:15 RB)
- 8 - DEAR WORLD (Ballet - Sat 10:30 SB)
- 9 - I'M A BELIEVER (Tap - Fri 5:15 CT)
- 10 - A MILLION DREAMS (Ballet - Mon 4:15 BD)
- 11 - ABRACADABRA (Tap - Sat 11:30 SB)

## EARLY SHOW - 1:30PM

- 1 - THAT'S MY SHOW
- 2 - THE PLACE TO BE (Hip Hop 6-7 - Tues 5:30 CK)
- 3 - BETTER WHEN I'M DANCING (Tap - Mon 5:15 BD)
- 4 - YOU'VE GOT A FRIEND IN ME (Ballet - Tues 5:30 BD)
- 5 - I NEED YOU (Tap - Wed 4:15 RB)
- 6 - GOLDEN (Ballet - Wed 5:15 SB)
- 7 - THEME FROM NEW YORK, NEW YORK (Tap - Wed 4:15 SB)
- 8 - I SEE THE LIGHT (Ballet - Mon 5:15 BD)
- 9 - HANG IN THERE BABY (Tap - Mon 5:00 MN)
- 10 - THE GLOW (Ballet - Wed 4:15 SB)
- 11 - WALKING ON SUNSHINE (Tap - Tues 5:30 BD)
- 12 - EVERYDAY (Ballet - Wed 4:15 RB)
- 13 - SODA POP (Tap - Wed 5:15 SB)
- 14 - HEARTBEAT SYMPHONY (Ballet - Mon 5:00 MN)

## **FOOD GUIDELINES FOR RECITAL DAY**

There are a few dancers in our studio who have severe food allergies and I am asking for your cooperation when bringing food to the recital. Please be aware and **do not pack snacks with peanuts, tree nuts or dairy/milk products**. Please read the label of the products you would like to send. Some of these ingredients are sneaky and you would not expect them to be in the snacks you would like to send (ie, no Cheez-It's as this has milk powder). We also ask that you send items that will not stain the costumes. (No red fruit punch, chocolate, etc.)

Below are some suggestions for snacks (please keep in mind that manufactures change their manufacturing process so a food on this list might not now be ok. I hope this is helpful)

### **All Fruit and Vegetables**

**Plain Ritz Crackers**

**Plain Lays Potato Chips**

**Go Go Squeeze**

**Graham Crackers (Nestle or Honey Maid)**

**Skinny pop popcorn (plain)**

**Barnum animal crackers**

### **Plain Wheat Thins**

**Saltine Crackers**

**Bachman Pretzel Stix**

**Vanilla Oreos**

**Teddy Grahams**

**Tostitos Chips**

**Belvita cinnamon, blueberry or chocolate**